



Charlottesville Catholic School

Friday Newsletter

5th Grade

11/17/2023

Teacher's Message/Announcements:

- On Thursday, November 30, John Kronstain will present “Are They OK? - Building a Better Understanding of Anxiety and How it Could be Impacting Your Child” for CCS parents at 7:00PM in the Performance Hall. Please use the form below to RSVP, as seating will be limited. Please note that childcare will not be provided. [November 30 Speaker Series RSVP](#)
- Winter dress **begins Monday, November 27**. Please see the Uniform Policy (located in the Resource Documents section of FACTS) for winter dress parameters.
- **Please save and send in empty **2 liter bottles** (rinsed please) for science.
- **Yay Lunch will not be providing lunches after Thanksgiving break. The new company will begin after the Christmas break, so please be sure to pack a lunch for your child for the last week of November and all of December.**
- The originally published dates for the CCS Christmas Concerts have changed slightly. While the 3rd-5th Grade concert will remain on Tuesday, December 12, the JK-2nd Grade concert has been moved to **Wednesday, December 13**. Both concerts start at 6:15PM—students will need to arrive at school **no later than 5:45PM**.
- Join the Fun! Camp4Real Kids Night Out is Coming to Charlottesville Catholic on Dec. 15! Kids Night Out (KNO) is a three-hour drop-off event featuring a catered dinner and an exciting lineup of engaging P.E.-style games and activities for children in kindergarten through 6th grade! Family fun with an impact! Camp4Real is proud to support the CCS community and will donate a portion of the event proceeds right back to our school! Discounted early registration is now open! [Click here](#) to learn more and snag your child's spot!

- The annual St. Nick’s Shop (December 4-7) is an opportunity for JK-5 students to independently shop for their family at school. Prices will range from \$1 to \$15, with the majority at \$5, with many gift options to choose from. Gifts will be labeled and placed in gift bags to help keep them secret. This is a chance for students to buy gifts for others, not themselves. Participation is completely voluntary. [Please fill out one form per child](#). This form must be completed by November 29. All funds raised will be used to support PTO events for teachers and students such as the Teacher Christmas Luncheon and school ice cream socials. This payment will be billed through FACTS the week of December 11th—there will be no cash transactions this year. You also have the option to donate any change/unspent funds back to the school.

Calendar/Important Dates:

- **Monday, - Thursday: November 27-30:** US States and Capitals TEST (*CAPS and spelling count*)
- **Wednesday, November 29:** Spelling/vocabulary test on words from *Wonder*
- **Friday December 1:** Periodic Table Element Project (completed in school)
- **Friday December 1:** Unit 2 Test -Math
- **Monday December 4:** Periodic Table Element Presentation

Teacher email addresses:

d.samley@cvillecatholic.org **Reading, Writing and Theology**
k.sperry@cvillecatholic.org **Math, Science and Social Studies**

Social Studies

In history we will be learning about early US history and how we came to be a nation. We will have a test on all the US states and capitals during the week of 11/27-11/30

 Students in 5th grade will be tested on all US states and their capitals. The states will be chunked by region for learning and mastery. A great way to study the states is found on a free game learning website:

<https://www.sheppardsoftware.com/geography/usa/50-states-game>

Math

We have been learning the algorithm for division of whole numbers and decimals. We use the mnemonic, “Does McDonalds sell cheese burgers?” to help students include all the steps in long division. We will have a test on division on 11/14 and then begin our unit on volume and geometry. We will begin learning about volume.

To reinforce math concepts and skills, students are assigned sections for Khan Academy ([khanacademy.org](https://www.khanacademy.org)). This is for a grade. Students have their login and password in their planner. The 2nd qtr. requirements, due before the end of the quarter are Multiplying & dividing whole numbers and decimals (unit 4) and Adding and subtracting fractions (unit 3).

Language Arts/Reading/Writing

This week we continued reading *Wonder* and continued focusing on characterization. We continued working on the banner project associated with the book. We also focused on writing well-formed paragraphs. Students also received a new set of spelling/vocabulary words.

The week we return from Thanksgiving, we will continue reading and annotating *Wonder*, and we will continue to work on the banner project. Students will also begin writing an essay connected to *Wonder* and will have a test on the spelling/vocabulary words.

Theology

This week students presented their Holy Days of Obligation projects. After the break, we will begin a unit on the liturgical calendar.

Science

We are going to be learning about states of matter and atoms. We have a few fun labs coming up. Students will research and present information for their element from the Periodic Table. This is an in class activity. Props may be needed from home.



November Nurse's Notes

If at any time you have questions or concerns, please reach out to me directly at s.queheillalt@cvillecatholic.org or 434-964-0400.

Cold, Flu, RSV, Strep and COVID season is upon us. One of the best ways to prevent illness and its spread, is good hand washing. When soap and water aren't available, alcohol based hand sanitizer can do the trick. Remember to thoroughly rub all hand/finger surfaces and to scrub for 20 seconds. Sing a happy tune as you go! Cough and sneeze into your elbow and when possible avoid crowded places and spending time with those who are sick or having symptoms. See the links for more information.

[CDC - Flu](#) [CDC - RSV](#) [CDC - Strep](#) [CDC - COVID](#)

CCS illness policy abides by the Virginia Department of Health (VDOH) guidelines which requires students to remain home until **FEVER FREE** for 24 hours without the use of fever reducing agents. Fever Free is a temperature of less than 100.1°F. Also, gastrointestinal (GI) issues such as vomit and diarrhea, must remain home until 24 hours free of symptoms. **After any illness, students should not return to school unless they can successfully make it through the day. Reminder! No medications including cough drops will be dispensed without a licensed medical provider's order.**

CCS will notify families of any infectious outbreaks that occur within the school setting. Per the VDOH, an outbreak is the occurrence of more cases of disease than expected. There is no strict definition of an outbreak or specific number of cases that need to occur to be considered an outbreak.

IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU

Colder Weather means Warmer Clothes

Please remember that upon our return from Thanksgiving break, winter dress is in place. Children also need to be sent with appropriate weather clothing. This could mean gloves, hats, coats/jackets, etc. As more items are worn into school, less items may make it home. Please write your child's name in any items you wish not to lose.

